



K-W SENIORS DAY PROGRAM ACTIVITY CALENDAR

NOVEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Birthdays: Clients: Kay-5 th ; Ted B-12 th ; Alex-16 th ; Roger-21 st ; Doug-27 th ; Gladys.P-30 th Staff: Samantha-17 th			1 9:30: Time with friends 10:00 Charcoal Drawing 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Lasso Golf 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	2 9:30: Time with friends 10:00– OLE Exercise Class 10:30 Christmas Ceramic Painting 10:30- Cards Games/Shuffleboard 11:30 – SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Pool Noodle Badminton 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	3 See reverse for schedule
4 See reverse for schedule	5 9:30: MUSIC WITH MEL 10:00 Cards/ Games/Shuffleboard 10:00 Christmas Ceramic painting 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Poker Shooter game 2:30 Social Snack Time	6 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Trivia Time 2:30 Social Snack Time	7 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Christmas Silhouette Art 2:30 Social Snack Time	8 9:30: Time with friends 10:00 Snowman Craft 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Battleship Game 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	9 9:30: Time with friends 10:00– OLE Exercise Class 10:30 Christmas Ceramic Painting 10:30- Cards Games/Shuffleboard 11:30 – SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Bean Bag Toss 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	10 See reverse for schedule
11  See reverse for schedule	12 9:30: MUSIC WITH MEL 10:00 Cards/ Games/Shuffleboard 10:00 Christmas Ceramic Painting 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Lasso Golf 2:30 Social Snack Time	13 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Plinko Trivia Game 2:00 Fall Prevention Education 2:30 Social Snack Time	14 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Christmas Silhouette Art 2:30 Social Snack Time	15 9:30: Time with friends 10:00 Snowman Craft 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Pool Noodle Badminton 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	16 9:30: Time with friends 10:00– OLE Exercise Class 10:30- Christmas Woodcrafts 10:30- Cards Games/Shuffleboard 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Parachute Fun 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	17 See reverse for schedule
18 See reverse for schedule	19 9:30: MUSIC WITH MEL 10:00 Cards/ Games/Shuffleboard 10:00 Christmas Ceramic Painting 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Bowling Fun 2:00 Fall Prevention Education 2:30 Social Snack Time	20 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Roll the Dice Game 2:30 Social Snack Time	21 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Water colour Art 2:30 Social Snack Time	22 9:30: Time with friends 10:00 Gluten-free Baking 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Battleship Game 2:00 MUSIC WITH SUSAN 2:30 Social Snack Time	23 9:30: Time with friends 10:00– OLE Exercise Class 10:30- Clothespin Snowflake craft 10:30- Cards Games/Shuffleboard 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Bowling Fun 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	24 See reverse for schedule
25 See reverse for schedule	26 9:30: MUSIC WITH MEL 10:00 Cards/ Games/Shuffleboard 10:00 Christmas Ceramic Painting 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Bean Bag Toss 2:30 Social Snack Time	27 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Take a Penny game 2:30 Social Snack Time	28 9:30: MUSIC WITH MEL 10:00 CERAMIC PAINTING 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Water colour Art 2:30 Social Snack Time	29 9:30: Time with friends 10:00 Christmas Craft 10:00 Cards Games/Shuffleboard 11:30 SMART Exercises 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Lasso Golf 2:00 MUSIC WITH SUSAN 2:30 Social Snack Time	30 9:30: Time with friends 10:00– OLE Exercise Class 10:30- Clothespin Snowflake craft 10:30- Cards Games/Shuffleboard 12:00 Lunch Break 1:00 Bingo/ Board & Card Games 1:00 Battleship 2:00 MUSIC WITH RUTH 2:30 Social Snack Time	

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<p>Birthdays: Clients: Kay-5th; Ted B-12th; Alex-16th; Roger-21st; Doug-27th; Gladys.P-30th</p> <p>Staff: Samantha-17th</p>				1 See reverse for schedule	2 See reverse for schedule	3 10:00 Time with friends 10:30 SMART Exercises 11:00 Crafts and Games / Bazaar 12:30 Lunch Break 1:30 Piano Sing a long 2:30 Social Snack Time 3:00 Transportation Home Daylight savings! Turn your clocks back 1 hour when you go to bed!
4 10:00 Time with friends 10:30 Craft/Game/Trivia/Spa 12:00 SMART Exercises 12:30 Lunch Break 1:30 Interesting Facts/World 2:30 Social Snack Time 3:00 Transportation Home	5 See reverse for schedule	6 See reverse for schedule	7 1:00 Bingo/ Board & Card Games 1:00 Christmas Silhouette Art 2:30 Social Snack Time 3:00 SMART Exercises 3:30 Choice of craft or game 4:30 Music Sing a long 5:00 Supper and Social time 6:00 Transportation Home	8 See reverse for schedule	9 See reverse for schedule	10 10:00 Time with friends 10:30 SMART Exercises 11:00 Craft and Games 12:30 Lunch Break 1:30 Ukulele Sing A long 2:30 Social Snack Time 3:00 Transportation Home
11  10:00 Time with friends 10:30 Craft/Game/Trivia/Spa 12:00 SMART Exercises 12:30 Lunch Break 1:30 Let's talk about Music 2:30 Social Snack Time 3:00 Transportation Home	12 See reverse for schedule	13 See reverse for schedule	14 1:00 Bingo/ Board & Card Games 1:00 Christmas Silhouette Art 2:30 Social Snack Time 3:00 SMART Exercises 3:30 Choice of craft or game 4:30 Music Sing a long 5:00 Supper and Social Time 6:00 Transportation Home	15 See reverse for schedule	16 See reverse for schedule	17 10:00 Time with friends 10:30 SMART Exercises 11:00 Crafts and Games 12:30 Lunch Break 1:30 Trivia and Current Events 2:30 Social Snack Time 3:00 Transportation Home
18 10:00 Time with friends 10:30 Craft/Game/Trivia/Spa 12:00 SMART Exercises 12:30 Lunch Break 1:30 Animal Facts 2:30 Social Snack Time 3:00 Transportation Home	19 See reverse for schedule	20 See reverse for schedule	21 1:00 Bingo/ Board & Card Games 1:00 Water colour Art 2:30 Social Snack Time 3:00 SMART Exercises 3:30 Choice of craft or game 5:00 Supper and Social Time 6:00 Transportation Home	22 See reverse for schedule	23 See reverse for schedule	24 10:00 Time with friends 10:30 SMART Exercises 11:00 Crafts and Games 12:30 Lunch Break 1:30 What am I ? 2:30 Social Snack Time 3:00 Transportation Home
25 10:00 Time with friends 10:30 Craft/Game/Trivia/Spa 12:00 SMART Exercises 12:30 Lunch Break 1:30 Travelling the World 2:30 Social Snack Time 3:00 Transportation Home	26 See reverse for schedule	27 See reverse for schedule	28 1:00 Bingo/ Board & Card Games 1:00 Water colour Art 2:30 Social Snack Time 3:00 SMART Exercises 3:30 Choice of craft or game 5:00 Social Supper 5:45 Current Events 6:00 Transportation Home	29 See reverse for schedule	30 See reverse for schedule	

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4	5	6	7	8	9	10
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